



Serenity

THE SUNNITIAN

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Seventh Edition

Serenity at the Heart of Leadership



DR. REVATHI SRINIVASAN
DEAN AND DIRECTOR OF SINGHANIA
GROUP OF INSTITUTIONS

Our **Dean and Director of Singhania Group of Institutions, Dr. Revathi Srinivasan** exemplifies visionary and resilient leadership in education. She embraces challenges with foresight and perseverance, championing transformative innovation and meaningful inclusivity. Her steadfast dedication empowers teachers, inspires students, and cultivates a learning environment that fosters academic excellence, holistic growth, and future-ready leadership.

A guiding light for the Singhania community, she leads with wisdom, compassion, and purpose. Her inspiring presence motivates educators and students alike to strive for excellence and continuous growth.

Mrs. Gladys Cabral, the **esteemed Mentor** of Smt. Sunitidevi Singhania School, is a beacon of determination, strength, and wisdom. Her **unwavering dedication to excellence** and her inspiring vision have shaped generations of confident and compassionate learners. With her persistent pursuit of innovation and all-round development, she continues to motivate both students and educators to strive for their very best. Her remarkable leadership is a testament to the power of steadfastness, integrity, and lifelong learning.



MRS. GLADYS CABRAL

Serenity at the Heart of Leadership



MRS. LAKSHMI MADHUSUDAN
PRINCIPAL

In a world that never seems to pause, serenity is not a luxury — it is a necessity. It is that quiet corner of the soul where chaos loses its voice and clarity finds its home. This edition of our magazine is a gentle invitation to slow down, to breathe, and to rediscover the beauty that lives in stillness.

Serenity is not the absence of storms; it is the grace to remain calm within them. It is found in the rustle of leaves, in a moment of honest conversation, in the silence between two thoughts. It is, perhaps, the most profound form of strength a person can possess.

As you turn these pages, we hope each word, each image, and each story carries you a little closer to that peaceful place within yourself. May this edition be more than a read — may it be a retreat.

SERENITY- Our Inner Anchor.

We live in a very fast paced world, there is noise and chaos everywhere. Capturing moments of serenity during the chaos of life is important. We must remember that it is not escaping the noise, but finding calm within it. For the little ones Serenity is the wonder in a story circle time. For others it may be in a game, and for yet others it can be in the colours on the drawing board. Sometimes it is the steady breath before turning the question paper.

When we practice calmness, we think clearly, speak kindly and learn deeply. A serene mind turns pressure into purpose, and challenges into chances to grow. Let's build "serenity moments" into our day.... a prayer, a pause, a grateful thought . Because children, if we learn peace, we carry peace wherever we go.



MRS. VRUSHALI PUSALKAR
FACULTY EDITOR

INSIGHT FROM STUDENT EDITORS



Ms Shriya Phadnis
School Editor

We live in a world that never seems to pause. Notifications light up our screen and emails arrive throughout the day. We never seem to stop and reflect. Serenity has become an art lost in this modern era. Serenity is more than silence or relaxation. It is the state of inner peace which keeps us grounded amidst a busy schedule. Contrary to popular belief, serenity is not found on a journey to a remote mountain retreat. It can be in the middle of a busy city or stressful job. But the most challenging part is finding space for it in our lives.

In this time of development, technology has made life faster and more convenient but it has also made it increasingly challenging to find real moments of serenity. The irony is that while technology helps us stay connected to others, it can distance us from ourselves. But it is not necessary to abandon technology to find inner peace. We just need to control our use of technology. Simple habits like setting screen time limits, spending time outside, and dedicating a little time to reflection help achieve a feeling of serenity. These small actions help the mind slow down and become peaceful.

In this era we are encouraged to work constantly. It leaves many people mentally exhausted. The mind does not get much time to rest as it is constantly trying to process new information. This constant work can produce stress, anxiety and a sense of being disconnected from ourselves. Learning to navigate the daily challenges in our lives whether it be work or studies without being overwhelmed by them is the key to achieving serenity. In a time where constant work is valued, choosing to remain tranquil can feel comforting and it is often the small moments of quiet that we feel the most thankful for. After all, true serenity is not found in the world around us, but within ourselves.

At the end, we can choose to be peaceful. It is vital to take a moment to stop, think, and rebuild a connection with ourselves in this world of noise. We can find true serenity and lead happier, healthier and more harmonious lives by implementing small changes to daily lives.



Mst Parvv Vajani
Asst. School Editor

What is Serenity?

Serenity is not the silence around us but the calm we carry within. It is the quiet strength that keeps us steady when life becomes uncertain and the courage to accept what we cannot change. In a world filled with noise, competition, and constant pressure, serenity allows us to pause, reflect, and find clarity. It teaches us that true peace does not come from perfect circumstances but from a balanced mind and a grateful heart. A serene person is not free from struggles; they simply refuse to let those struggles disturb their inner harmony. Serenity is the art of remaining at peace with both the world and oneself.

REPUBLIC DAY

Republic Day was celebrated with great enthusiasm and patriotic spirit in our school. The day began with the hoisting of the flag by our esteemed principle, Mrs. Lakshmi Madhusudan, followed by a pledge to contribute towards the progress and protection of the nation and environment.

The young learners of kindergarten participated enthusiastically in a variety of engaging activities. The Nursery students showcased creativity through a vibrant tricolor activity. The Senior KG students beautifully illustrated paintings making the flag Hoisting look colourful and beyond the clouds.

The celebration fostered a sense of national pride unity, and respect for the democratic values that make our nation strong.



INDEPENDENCE DAY

Smt. Sunitidevi Singhania School joyfully celebrated India's 79th Independence Day on August 15, 2025. The day began with the flag hoisting ceremony led by our esteemed Principal, Mrs. Lakshmi Madhusudan, followed by the national anthem.

Students showcased their patriotism through various performances. Std 1 and 2 students presented patriotic songs, while Std 7 students brought history to life through speeches as famous leaders. The Senate members displayed discipline and unity during the march past, symbolizing teamwork and the spirit of independence.

The celebration was a grand success, fostering a sense of national pride, unity, and gratitude for the sacrifices of our freedom fighters.



Kindness Brings Peace

What is kindness? Kindness means showing concern and empathy towards others.

One day, I visited an orphanage with my family. There were many children of different age groups and many caretakers too. This was my first visit to an orphanage.

The moment we entered, the children were very happy to see us and gave us a warm welcome. This made me feel very happy from inside. We interacted with them for some time. Later, we served them lunch. At the end, we gifted them toys, clothes, and stationery. They were very happy to receive the gifts.

That day made me feel peaceful and joyful. It helped me understand that kindness not only brings joy to others but also makes us feel happy and positive.

So friends, let us all spread kindness and make Earth a better place.

- Nishtha Mistry 4G

OMOIYARI- KINDNESS

In Japan, there is a wonderful word — *Omoiyari* (Oh-moy-yah-ree). It means understanding and caring for others, even before they ask for help.

Like sharing notes with a friend who was absent... helping someone pick up their fallen books... or not eating your best friend's fries without permission (*very important skill!*). Japanese children learn *Omoiyari* from a young age by working together, respecting people, and even cleaning their own classrooms. It teaches that kindness is not only about big heroic acts — sometimes it is simply noticing when someone needs a smile. Harmony begins with small things: a kind word, a helping hand, or saving the last chocolate for your sibling (though that may be the hardest of all!). Maybe the world does not need more superheroes. Maybe it just needs a little more *Omoiyari*.

- Vedansh Rastogi 5H.

Her

Her eyes are brown,
She knows when I'm down,
Her cheeks are pink,
She realises you shrink.

Her hair is black,
She has your back,
Her cute little dress,
Makes her a princess.

Her style is great,
It's good in taste,
Our friendship is unforgettable.

- Aeshan Punamiya 5G



Sia Shilotri 5B



Agastya Sankpal 8F

The Bench and a Brave Hello

When I was in first grade, I noticed a girl sitting quietly on a bench, all alone. No one to talk to, no one to play with, and an expression that made me feel sad. It was just her and the bench, lonely and quiet. So I bravely walked up to her and introduced myself. I wasn't sure if she would want to talk, but I tried anyway. Three years later, she became the most trustworthy friend I have ever had.

Second grade went smoothly, and we made many happy memories together. It was just her and I, and we enjoyed our time in and after school. In third grade, things changed. There were new friends, and I got so busy making them that I hardly spoke to her. Then I started hearing rumours about her. Some people even tried to involve me, and I almost believed them. For a few days I didn't talk to her, and I could see she was always sad. I felt confused.

I spoke to my mother about it, and she helped me see how kind my friend had always been and how she had stood by me for the past two years. I understood my mistake. The next day, I went to her and apologised. I stood up for her in front of the group that was troubling her, and in that moment, I felt so good. After that, many people ignored us, and I had almost no friends in third grade. But the same friend, whom I had ignored for a few days, stood by my side like a rock.

I was elated and surprised. That is when I learned: friendship is not about being popular or having many friends, it is about who stands with you when the whole world seems against you.

- Reha Rupal Ameya Bhoir 4G



Ojas Joglekar 5G

My Pal Joy

I have a pet dog, his name is Joy
He always loves to play with his toy
A tail that wags to a happy beat,
Joy brings the world to my feet.
He has a doghouse outside my door
When I pet him he rolls on the floor,
When I turn around, he wouldn't let me go.
He wants to play with me more and more.
Joy runs fast with me in the park,
He jumps and barks which makes me spark
When I throw a ball, he brings it back,
Joy is my cute pal, and that is a joyful fact!

- Prisha Sharma 5F

THE QUIET BENCH

One sunny morning, a new girl named Mia joined Green Valley School. During recess, she always sat alone on a small bench under a large tree. She never played games and hardly spoke to anyone.

Many students thought she was unfriendly. Some even stopped trying to talk to her. Every day, Mia sat quietly on the same bench, looking at the clouds. One afternoon, a student named Anaya noticed that Mia looked sad. Instead of walking away, she sat beside her.

"Would you like to play with us?" Anaya asked kindly. Mia smiled softly. "I want to, but I miss my old school and my friends." Anaya understood. She listened patiently and shared stories about her own first day at school. Soon, Mia began to feel comfortable.

The next day, Anaya introduced Mia to her friends. They played together, laughed together, and helped one another in class. Little by little, Mia's sadness faded away. The quiet bench under the tree was no longer a lonely place. It became a place where friends gathered, shared stories, and supported one another.

Mia learned that kindness can make a new place feel like home. The students learned that a small act of friendship can bring happiness to someone's life.

From that day on, whenever someone sat alone, there was always a friend ready to sit beside them on the quiet bench.

- Aaditri Shukla 5B

Friendship

In March, me and my parents had visited Delhi. We had a lot of fun and saw lots of interesting places of cultural and historical importance. We also visited couple of dad's friends' homes where I met their kids who were almost the same age as me. I realized that though we had very different lives, we still had a lot in common. We like pasta, love football, and even like the same mobile games. I instantly felt connected to them and it felt as if we had been friends for many years. Two months have passed and I am still in touch with them. We occasionally speak over a phone call and regularly share our thoughts over Whatsapp. Now when I look back, I have realized that friendship has no rules or boundaries and distance doesn't matter.

- Ojas Joglekar 5G



Garvit Gupta 2G



Trishka Dubey SrKg H

Friendship: A Timeless Truth

Friends are like your daily companions. Having a friend is useful and it makes you happy. They help you when it is needed the most. They show deep kindness and empathy, which forges a strong connection between you and them. When you are downhearted and glum, they try their best to elevate your spirits.

You find yourselves bursting into laughter over inside jokes that no one else would ever understand. They are the pillars of our finest moments and the most special occasions in our life.

Friends play an unavoidable role in shaping our lives. Ultimately, friends weave a final safety net of trust beneath our feet, making us feel safe without any judgements.

Without friends, your entire lives' ride wouldn't be worthwhile. They illuminate your life in every way possible.

At the end of the day, life is simply better and brighter when you have a true friend by your side.

- Ishan D Roy 4D

The Painting of Peace

Once upon a time, in the city of Bhaskara, a wise king announced a contest to find the most peaceful painting. The winner would receive a pile of gold coins.

Artists from across the kingdom spent ten days creating their paintings. Some painted green plains with grazing cattle, while others painted calm rivers flowing through mountains.

When the king announced the winner, everyone was shocked. He chose a painting showing a thunderstorm, crashing waves, and a roaring waterfall. The people and even the chief advisor questioned his choice. The king promised to explain that evening.

At sunset, the kingdom gathered to hear him. The king pointed to a tiny bird hidden behind the storm, peacefully singing its song. He said, "The other paintings show quiet places, but this painting shows true peace. Peace is not the absence of storms. It is the ability to remain calm and find your own song to sing, even when the world around you is loud and chaotic."

- Advait Kini 6B



Vihaan Tadke



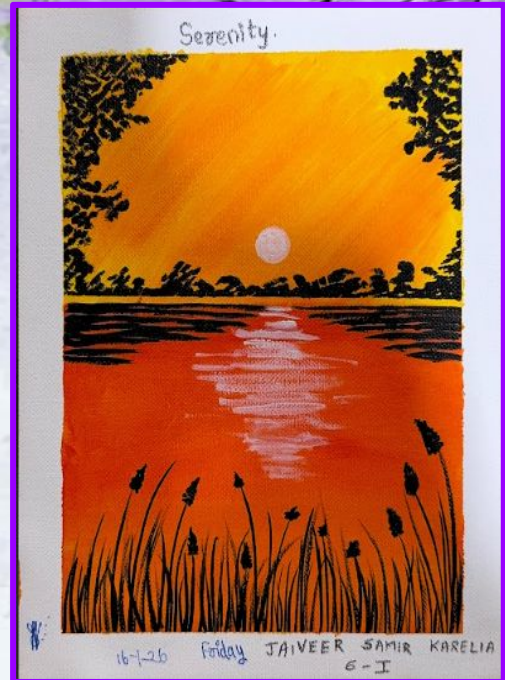
Vihaan Singh 6A

My Personal Reflection on Serenity

Serenity is the thing which makes me happy but calm. It gives me peace during difficult times and helps me think clearly. Whenever life becomes stressful or confusing, serenity reminds me to slow down and appreciate the quiet moments around me.

It feels like a gentle pause in the middle of a busy life. For me, serenity can be found in nature, music, or simply spending time with people I care about. It helps me stay positive and relaxed. I believe everyone needs serenity because it brings peace to the mind and heart, especially during exam or something which is going to change your life.

- Yashit Sharma 6G



Jaiveer Samir Karelia 6-I

SERENITY

Have you ever wondered if serenity is real? This story takes you to the year 2120, where a small garden changes a girl's life.

Skyler, a 12-year-old girl, lived in a world filled with technology, anxiety, and stress. One morning, feeling restless, she went for a walk. While sitting on a bench, she noticed an old wooden door hidden behind thick bushes. Curious, she opened it.

Behind the door was a beautiful garden unlike anything she had ever seen. There were colourful flowers, sparkling trees, a crystal-clear lake, and a bright blue sky. As Skyler explored the garden, her worries slowly disappeared. The calm surroundings filled her heart with peace and happiness. For the first time, she understood what serenity truly meant. It was not just a word but a feeling of inner peace. The garden helped her realise that serenity does not come on its own. We must create it by letting go of worries, appreciating simple joys, and maintaining a balanced life. Skyler learned an important lesson; even in a chaotic world, peace can be found within ourselves if we choose to nurture it.

- Surbhi Chavhan 5B

The Quiet Bench

One day, Riya felt upset after an argument with her friend. She sat alone on a park bench and watched the trees swaying gently in the breeze.

The calm surroundings helped her relax and think clearly. She realized that staying peaceful was better than staying angry.

The next day, Riya apologized to her friend, and they became friends again.

Serenity means feeling calm, peaceful, and happy. It helps us stay relaxed and positive even when things are difficult. We can find serenity in nature, kindness, and quiet moments. A peaceful mind makes life happier and better.

- Advita Oke 6C

Building Bridges

Serenity is quiet strength that helps the mind function with balance. Serenity acts like a bridge that connects these scattered ideas in our brain, allowing them to settle into order and meaning.

Serenity calms this inner chaos. It creates a peaceful space where the mind can slow down, helping a person move from confusion to understanding. In this way, serenity builds a bridge between emotion and reason, enabling thoughtful actions instead of reactions.

Furthermore, serenity improves relationships with others and strengthens your friendships. A calm mind listens better, understands different perspectives, and responds with patience and true kindness. This builds stronger connections and mutual respect.

In conclusion, serenity is more than just peace—it is a powerful force that builds bridges within the mind. It links thoughts, balances emotions, and promotes understanding, helping a person lead a more focused and harmonious life.

- Nidhish Biradar 6H

Where Silence Sings

When dawn unfolds in hues so light,
And hush replaces fading night,
A gentle calm begins to rise,
Like whispered dreams in quiet skies.
The winds grow soft, the rivers slow,
In silent grace they gently flow,
No rush, no race, no need to be—
Just drifting into harmony.

The world may roar, the storms may start,
Yet peace still lives within the heart,
A steady flame, so pure, so free,
Unshaken strength in tranquility.
So pause awhile, let worries cease,
And breathe within this tender peace,
For in the stillness, calm and true—
Serenity begins in you.

-Rati Zope 9A



Sian Kedar Zad 1-D

Friendship

Friendship is one of the most precious and wonderful gifts from God. It is a bond of trust, love and joy. A true friend is always with us even in difficult times, giving us power to fight difficulties. Friendship teaches us many things like love, trust, happiness, forgiveness, sharing and caring.

Even small acts like sharing tiffins in lunch time, helping each other, listening carefully even if they don't make any sense, sharing things can make someone smile or can even strengthen the friendship. A true friend never hurts the other or compares you with anything. True friends make endless memories and giggles together. The best year comes when you and your friend are in one class. The only bad day is when your friend doesn't talk to you or is angry with you.

- Anvi Jadhav 6H

Serenity

In today's fast-paced, highly connected world, serenity has become increasingly rare as modern life often prioritizes productivity and constant stimulation over mental stillness. Derived from the Latin word *serenus* (meaning peaceful), serenity is a state of inner calm, contentment, and emotional balance. It involves accepting that not everything can be controlled and facing challenges with grace rather than chaos.

Serenity fosters emotional healing, reduces stress, and helps maintain optimism during difficult situations. It allows us to experience emotions without being overwhelmed by them, making the mind less cluttered and improving focus and decision-making. In moments of anxiety, such as during examinations, serenity helps individuals remain calm and perform to the best of their abilities.

Serenity can be cultivated through practices such as meditation, spending time in nature, and positive thinking. While peace is often associated with the absence of conflict or disturbance, serenity can be achieved even amidst challenges, enabling one to think clearly and navigate life with confidence.

- Advik Biradar 7F

Serenity

When noisy thoughts begin to race,
I find a quiet, special place.
A gentle breeze, the sky so wide,
Where all my worries softly hide.

The birds above begin to sing,
A calming tune that peace will bring.
The sunlight warms my face so bright,
And turns my sadness into light.

No angry words, no fear, no fight,
Just kindness growing in the heart.
A smile, a hug, a helping hand,
Can spread calm feelings through the land.

For serenity is everywhere,
In moments small, if we just care.
It lives in laughter, love, and play,
And quietly guides us through the day.

- Dilpreet Kaur 6A



Saisha Inamdar 6F

The Art of Letting Go

The world is loud—too loud to mend,
a fevered rush with no clear end;
it spills, it swells, it strains the heart-
Why must peace and I stand poles apart?

I held on hard for ages.
Anticipating a trip, scared I might slip
An echo of thoughts rages, yet engages;
Joined at the hip, but under white-knuckled grip

I stitch my worth to passing things,
to what might fade, to what might stay;
But fleeting things need not cloud the mind,
Serenity lies where the restless unwind.

But peace is not a polished art.
It starts the moment one falls apart.
It lives inside the relieved gasp-
the unclenching of a tightened clasp;

Like a breath let out-
not forced, not loud;
Just leaving space
Where emotions would crowd.

Like leaves that fall and lose their aim,
don't curse the wind or cling to name;
they drift- not failed, nor cast aside-
but freed from the need to conform and abide.

The noise remains, the pace, the press-
unchanged in all its restlessness.
But something shifts- not on skin, but within:
The walls no longer seem to be closing in.

The world still roars-
Of course it does.

And once-just once-you step away from the fight,
stop forcing wrong to turn to right,
you feel it- beyond the ebb and flow:
Serenity, found in letting go.

- Riddhimah Rajeev Narayanan 9A



Sia Shilotri 5B

The Duality of Serenity

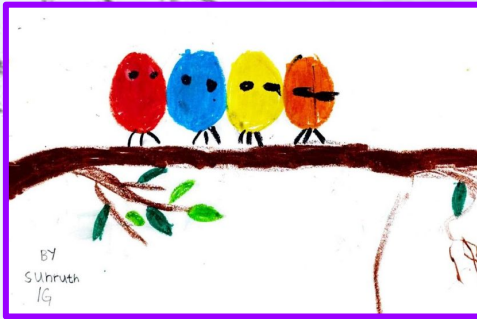
Serenity is often seen as a state of calm, yet its true nature is more complex. It embodies a duality: peace and strength existing together.

On one hand, serenity offers stillness, allowing us to step away from chaos and find clarity within ourselves. On the other, it requires resilience—the ability to face uncertainty, hardship, and change without losing balance.

True serenity is not the absence of struggle but the capacity to remain grounded in its presence. It teaches that peace is not found by avoiding life's challenges, but by accepting them with quiet confidence.

In this balance between calmness and courage, serenity reveals its deepest meaning.

- Aashna Bhaiyya 10E



Suhruith Reddy 1G

‘SILENCE IS NOT SURRENDER’

The river moves, and it doesn't care,
Even though it bends a little bit here and there,
No need to rush, no need to prove,
It simply trusts its way and moves.

The mountains stand, they don't explain,
They've seen a lot of wind and rain,
They don't resist and never complain,
They just remain and still remain.

I think calm feels a bit like this,
Neither is it something loud nor something you miss,
It isn't forced, it isn't loud,
It's just not lost in the crowd.

Because your thoughts will race,
And try to throw you out of place,
But give it time, let them be,
They fade away like waves into the sea.

And if you stop, just breathe, stay still,
Step back from all the noise and chill,
You'll notice something soft, not new,
A quiet, kind of steady you.

Not perfect, no, we're not yet there,
Though real enough when you take care,
A calm that stays, beneath and above,
Something like peace, something like love.

So being silent doesn't mean being unarmed,
It only means that you have found your inner calm.

- **Tej Sangle 9B**

Chasing Calm

Honestly, finding true serenity when you are sixteen and drowning in intense board exam preparation feels almost impossible.

Between the non-stop friend drama and endless scrolling through Instagram reels, our teenage brains are always running on absolute overload. For the longest time, I thought peace meant escaping reality or pretending that you have zero problems to deal with. Lately, though, I have realized that real serenity is just about catching tiny, unexpected pockets of quiet right in the middle of our daily chaos.

I have been finding that much-needed calm in the simplest, most everyday places where the world finally slows down. It is in the relief of abandoning my phone in another room or listening to music while the kitchen smells of fresh ginger chai. Sometimes, it is just sitting on the balcony late at night when the traffic finally quiets down and the pressure to study fades away. Catching those little moments of quiet without feeling guilty about not being productive is a total game-changer for any stressed student.

- **Stuti Kamble 10E**



Vedansh Rastogi 5H

मन करता है

शाम को जब मैं अपनी छत पर जाती हूँ,
सच कहूँ तो बहुत चैन पाती हूँ।
दिन भर की पढ़ाई और स्कूल का शोर,
अब नहीं सुनाई देता मुझे चारों ओर।
आसमान में चिड़ियों को उड़ते देखती हूँ,
चुपचाप होकर उनको निहारती हूँ।
मन करता है बस यहीं बैठी रहूँ,
कुछ देर किसी से भी कुछ ना कहूँ।
यही शांति मुझे बहुत अच्छी लगती है,
मेरी सारी थकान छूमंतर हो जाती है।

— Anandita Mangla 7C

शांति की पुकार

चीखती हुई सरहदों से पूछो,
कितनी शांति सोई है।
बारूद की इस बस्ती में,
कितनी साँसे खोई है।
अब तो जागो, ऐ मानव,
अपने अंदर की लौ पहचानो,
हर दिल में जो प्रेम छिपा है,
उसको अपना भगवान मानो।
ना धर्म लड़े, ना जाति बंटे,
ना रंगों में हो तकरार,
बस एक ध्वज हो मानवता का,
और एक ही नारा - शांति का

—Omkar Deshpande 6F

सुकून का एहसास

हर व्यक्ति के जीवन में कोई न कोई ऐसा होता है जिसकी उपस्थिति मात्र से मन को गहरा सुकून मिलने लगता है। मेरे जीवन में वह व्यक्ति मेरा सबसे प्रिय मित्र है। उसकी संगति मेरे लिए तपती धूप में ठंडी छाँव के समान है, जहाँ पहुँचते ही मन की सारी व्याकुलता शांत हो जाती है। जब भी मैं उससे मिलती हूँ, ऐसा लगता है मानो दिनभर की सारी चिंताएँ नौ दो ग्यारह हो जाती हैं और मन का बोझ हल्का हो जाता है। उसकी सादगी, उसकी मुस्कान और उसके शब्दों में छिपा अपनापन मेरे हृदय को गहराई से स्पर्श करता है। कई बार तो वह बिना कुछ कहे ही मेरे दिल की बात समझ जाता है—और यही सच्ची मित्रता की सबसे सुंदर पहचान है।

—Krisha Prajapati 9E

आपूर्यमाणमचलप्रतिष्ठं

समुद्रमापः प्रविशन्ति यद्वत्।

तद्वत्कामा यं प्रविशन्ति सर्वे

स शान्तिमाप्नोति न कामकामी॥

जिस प्रकार नदियाँ लगातार समुद्र में मिलती रहती हैं, फिर भी समुद्र अपनी मर्यादा और शांति को नहीं छोड़ता, उसी प्रकार जिस व्यक्ति के मन में अनेक इच्छाएँ आती हैं लेकिन वह उनसे विचलित नहीं होता, वही सच्ची शांति प्राप्त करता है। जो व्यक्ति इच्छाओं के पीछे भागता रहता है, उसे कभी शांति नहीं मिलती।

भावार्थ:

मनुष्य को समुद्र की तरह गंभीर, स्थिर और संयमी होना चाहिए। जीवन में इच्छाएँ, आकर्षण और लालच आते रहेंगे, लेकिन जो व्यक्ति उनके पीछे भागकर अशांत नहीं होता, वही शांत और संतुष्ट जीवन जीता है।

— Aarav Kumar 8E

शांति

शांति का मतलब है मन और जीवन में सुकून होना। जब हम शांत रहते हैं, तो हम खुश और संतुलित महसूस करते हैं। आजकल की तेज़ जिंदगी में लोग अक्सर तनाव में रहते हैं। शांति से हम अच्छी तरह सोच पाते हैं और सही फैसले ले सकते हैं। यह हमारे रिश्तों को भी मजबूत बनाती है। शांति पाने के लिए हमें अच्छी सोच रखनी चाहिए, दूसरों से प्यार से बात करनी चाहिए और थोड़ा समय अपने लिए निकालना चाहिए। इससे हमारा जीवन सरल और खुशहाल बनता है। विश्व शांति से दुनिया में प्यार और खुशी बढ़ती है। शांति से लोग मिल-जुलकर बिना लड़ाई के जीवन जी सकते हैं। इसलिए हमें हमेशा शांति बनाए रखने का प्रयास करना चाहिए।

- Ananya Nayar 5G

"शांति की तलाश"

ना शोर में, ना भीड़ में,
ना महलों की दीवार में।
शांति बसी है मन के भीतर,
प्रेम भरे व्यवहार में।
जहाँ बैर का अंत हो,
जहाँ क्षमा अनंत हो।
वहीं शांति का वास है,
जहाँ हृदय में संतोष हो।
युद्ध छोड़ दो, क्रोध छोड़ दो,
नफरत के हर बंधन तोड़ दो।
विश्व शांति का सपना सजाकर,
हाथों को अब हाथों से जोड़ दो।

- Vihana Thakkar 6C

सुकून की दुनिया

रंग-बिरंगे फूल महकते।
नदियाँ कल-कल गीत सुनातीं,
शांति का संदेश फैलातीं।
मिल-जुलकर जब सब रहते हैं,
तब सच्ची खुशियाँ मिलती हैं।
शांति का दीप जलाएँ हम,
नफरत को दूर भगाएँ हम।
प्यार और दया का साथ निभाएँ,
एक सुंदर संसार बनाएँ।

- Aaditri Shukla 5B



Talin Gupta 9A

मंजिल

शांति बहती नदी के जैसे जीवन का मधुर
पैगाम है।
खेतों की हरियाली में, हिमालय की सफेदी
में,
शांति बसती है प्रकृति की हर सुंदर छवि
में।
हम सीमाओं और धर्म के नाम पर लड़ना
छोड़ दें,
दीवारें बनाने के बदले प्रेम के पुल जोड़ दें।
जब क्रोध की जगह करुणा और भय की
जगह प्यार होगा,
तभी इस दुनिया में सच्ची शांति का
संसार होगा।

-Nilanshi Punch 9B

उलझा मन

स्क्रीन की रोशनी में,
खो गई हैं आँखें,
दिल ढूँढे थोड़ा-सा सुकून,
थक गई हैं साँसें।

नोटिफिकेशन की आँधी में,
मन उलझा हर बार,
हर कोई बस भाग रहा है,
लेकर सपने हज़ार।

किसी अनजान मंज़िल की ओर,
सब दौड़े जाते हैं,
पर जो एक पल ठहर गया,
वह खुद को पाते हैं।

उसने सुना मन के भीतर,
एक मीठा-सा शोर,
जिसमें छिपा था सुकून कहीं,
जीवन का असली छोर।

ट्रेंड बदलते रोज़ यहाँ,
खबरें चीखें रात-दिन,
फिर भी शांति मिलती है,
अपने ही मन के भीतर।

दुनिया की इस दौड़ में,
एक पल के लिए रुकें,
अपनी साँसों को महसूस करें,
और खुद से फिर जुड़ें।

यही आज की सबसे बड़ी,
सुंदर-सी क्रांति है,
शोर भरी इस दुनिया में,
मन की सच्ची शांति है।

- Aradhya Shrivastav 7A



Adhira Shetty 3A

मुस्कान

भोर की नीरवता में, जब मंद पवन बहती है,
शांति चुपके से मन की राह कहती है।

न शोर में, न भाग-दौड़ की दुनिया में,
यह मिलती है मन की कोमल छाया में।

कभी सुबह की ठंडी हवा में,
कभी चिड़ियों की प्यारी तान में,
छोटे-छोटे पलों में बसती,
जीवन की हर मुस्कान में।

जब मन के अंदर हो शांति,
सब कुछ लगता आसान,
गुस्सा, डर सब दूर हो जाते,
मिलता है सच्चा सम्मान।

शांति सिखाती जोड़ना दिल,
न कि दीवारें खड़ी करना,
प्यार और समझदारी से
हर झगड़े को हल करना।

जब हम खुशियाँ बाँटते हैं,
चेहरों पर मुस्कान लाते हैं,
छोटी-छोटी नेकियों से
दुनिया को बेहतर बनाते हैं।

आओ मिलकर शांति अपनाएँ,
मन में प्रेम जगाएँ,
अपने भीतर सुकून खोजें,
और जग में खुशियाँ फैलाएँ।

- Alankrita Prasad 7E

शांतता

"शांतता" म्हणजे काय? खूपच लहान असताना मी अनेक वेळा आईकडून ऐकले आहे की, "जरा गप्प बस. मला शांतता हवी आहे". त्या वेळी मला काहीच कळत नव्हते. मी आईला विचारायचे की, "आई शांतता म्हणजे काय? ती कशी असते? कुठे मिळते?" त्यावर आई खळखळून हसायची. जसजशी मी मोठी होत गेली मला थोडं कळायला लागलं.

शांतता म्हणजे जीवाच्या तडजोडीतून एक वाट. मनाचा एक दरवाजा जो आपल्याला एका प्रसन्न जागेवर सोडतो. तुम्ही कधी गोव्याला किंवा मालवणच्या समुद्र किनारी गेला आहात का? तिथे तुम्हाला काय ऐकू येते? लोकांचा आणि तुमचा स्वतःचा आवाज, बरोबर? पण एक आवाज तुम्ही नसेल ऐकला. तो आहे समुद्राच्या लाटांचा आणि तिकडचे सुख आणि प्रसन्न वातावरण यांचा आवाज. हा आवाज म्हणजे शांतता. पण हा आवाज असाच ऐकू येत नाही. त्याच्यासाठी मनातील दुःखाला काढून फक्त सुखाला तुम्हाला धरून ठेवावे लागेल.

आता घरचा आवाज, सतत टीव्ही सुरु, मोबाईल वर बोलणे किंवा कधी कधी भांडणं. याला अस्वस्थ वातावरण म्हणतात. तिथे कोणी स्वस्थ नसते. आपण शांतता शोधू पाहतो. अशा वेळी आपण योग, ध्यान आदींचा उपयोग करून शांतता प्राप्त करून घेऊ शकतो. लहान मुलांनी शांत बसून अभ्यास केल्यास अभ्यास लक्षात राहतो, एकाग्रता वाढते. शांततेमुळे मनातील राग कमी होतो. शांत झोप मुलांच्या शरीराला आणि मनाला ऊर्जा देते. शिवाय शांतता केवळ एकटे राहण्यानेच मिळते असे नाही. आपण चांगल्या लोकांत मिसळून चांगली समाज उपयोगी कामे केल्यानेदेखील आपल्याला शांतता लाभू शकते.

आता घरातून जरा बाहेर पडू या. जगात शांतता निर्माण करण्यासाठी प्रथम घरात शांतता निर्माण करायला हवी. जगाला बदलायचे असेल तर आधी स्वतःला बदलायला हवे आणि त्यासाठी प्रत्येकाने प्रयत्न करायला हवेत. शांतता ही इतकी महत्वाची आहे की त्यासाठी नोबेल शांतता पुरस्कार दिला जातो. आतापर्यंत मदर तेरेसा, मारिया कोरीना, कैलास सत्यार्थी, मलाला युसूफझाई अशा अनेक व्यक्तींना हा शांतता नोबेल पुरस्कार मिळाला आहे.

शांतता ही मनाच्या, शरीराच्या स्वास्थ्यासाठी खूप आवश्यक आहे. म्हणून मुलांना लहानपणापासूनच त्याचे महत्व समजावून सांगायला हवे.

-Surbhi Chavhan 5B

क्षणभर विश्रांती

खूप दमले आहे,

खूप थकले आहे,

हवी आहे क्षणभर विश्रांती,

माहित नाही मिळेल ती कधी, आणि किती?

पंख लावून उंच उंच उडावे,

कधी तरी झाडाच्या सावलीत निवांत बसावे,

झाडाच्या फांदीवर छान झोके घ्यावे,

तर कधी समुद्रात तुडुंब भिजावे.

याच क्षणांची वाट पाहत होते मी,

आणि ते क्षण आलेच चालून,

सुट्टी मिळताच गेले कोकण गावी,

कोकणाची तर आमच्या गोष्टच न्यारी!

आंबा, फणस, पोंफळीच्या बागांनी,

नटलेले आमच्या गावची भूमी,

निसर्गाच्या सानिध्यात गेले मी रंगूनी,

पूर्ण शरीराचा थकवा आणि मरगळ

गेली पळूनि...

- Shreya Mahesh Bamaniya 6B



Anaisha Pagariya 5B

शांतता - आनंदी जीवनाची गुरुकिल्ली

शांतता म्हणजे मनाची प्रसन्न आणि स्थिर अवस्था आहे. आजच्या वेगवान आणि तणावपूर्ण जीवनात शांततेचे महत्त्व अधिक वाढले आहे. पैसा, यश आणि प्रसिद्धी मिळवण्याच्या प्रयत्नात अनेकदा माणूस मनःशांती गमावून बसतो परंतु खरे सुख आणि समाधान शांत मनातच असते.

शांतता आपल्या विचारांवर आणि दृष्टिकोनावर अवलंबून असते. सकारात्मक विचार, संयम आणि आत्मविश्वास यांमुळे मन शांत राहते. तसेच ध्यान, योग, व्यायाम आणि निसर्गाच्या सान्निध्यात वेळ घालवल्याने मानसिक तणाव कमी होतो. जीवनात अनेक अडचणी आणि आव्हाने येत असतात. अशा वेळी घाबरून न जाता शांतपणे परिस्थितीचा सामना करणे आवश्यक असते. शांत मनामुळे योग्य निर्णय घेणे सोपे होते आणि नातेसंबंधही अधिक चांगले राहतात.

शेवटी, शांतता ही बाहेर शोधण्याची गोष्ट नसून ती आपल्या मनातच असते. जर आपण सकारात्मक विचार आणि संतुलित जीवनशैली स्वीकारली, तर आपले जीवन अधिक आनंदी, समाधानी आणि यशस्वी होऊ शकते.

-Sanvi Paradkar 9A



Parieshkka Choughule Jr. Kg F

शांतता

निसर्गाच्या कुशीत शांतता वसे,
मंद वाऱ्याबरोबर आनंद हसे.
हिरवी झाडे डोलती हळुवार,
मन होते प्रसन्न वारंवार.

पक्ष्यांचे गाणे गोड ऐकू येते,
फुलांचे सौंदर्य मनाला भुरळ घालते.
निळे आकाश सुंदर दिसते,
शांततेचे महत्त्व जाणवते.

खळखळ वाहणारी नदी गाते,
डोंगर-दऱ्या सौंदर्य वाढवितात.
निसर्गाचा हा सुंदर साज,
मनात भरतो आनंद आज.

शांतता देते सुख आणि ज्ञान,
वाढविते प्रेम, संयम आणि मान.
निसर्गाचे आपण जपूया धन,
त्यातच दडले जीवनाचे खरेपण.

- Kavya Nehete 6A



Kiyosha Ghosh 9E

शांतता

शांतता ही माणसाच्या जीवनातील अत्यंत महत्वाची गोष्ट आहे. जिथे शांतता असते तिथे आनंद, समाधान आणि सुख नांदते. शांत मनाने आपण योग्य विचार करू शकतो आणि योग्य निर्णय घेऊ शकतो.

आजच्या धकाधकीच्या जीवनात लोक सतत व्यस्त असतात त्यामुळे त्यांच्या मनात ताण आणि चिंता वाढतात. अशा वेळी शांतता आपल्याला मानसिक विश्रांती देते. निसर्गात गेल्यावर जसे की हिरवेगार डोंगर, दऱ्या, समुद्र किंवा बाग पाहताना आपल्याला शांततेचे अनुभव येतो.

शांतता टिकवण्यासाठी आपण राग, भांडण आणि वाईट विचार मनातून काढायला पाहिजे. एकमेकांशी प्रेमाने आणि समजुतीने वागल्यास समाजातही शांतता राहते. घरात आणि शाळेत शांतता असेल तर वातावरण आनंदी राहील आणि मुले ही खुश राहतील म्हणूनच प्रत्येकाने आपल्या जीवनात शांततेला महत्त्व द्यावे आणि ती टिकवण्यासाठी प्रयत्न करावे. शांततेतच खरे सुख दडलेले आहे.

– Krutika Bhosale 6F



Satej 6B



Bhakti Kumbhar 5B

॥ शांती आणि निसर्ग ॥

अथांग निळे आकाश हे,
शांत वाहती लाटा,
निसर्गाच्या या रूपात,
सुखद वाटती वाटा.

हिरवेगार हे रान सारे,
वारा मंद झुळझुळतो,
झाडांच्या या सावलीत,
थकवा दूर पळतो.

नको घाई, नको गडबड,
नको शब्दांचा तो गोंधळ,
निशब्दाच्या या जगात,
शांतता ही आहे थोर.

सोनेरी ही सांजवेळ,
आणि पक्ष्यांचे ते गाणे,
प्रसन्नतेचे सुंदर गाणे,
निसर्गाचे अमोल देणे.

- Yetansh Jain 6D

शांतता

शांतता केवळ आवाजांचा अभाव नव्हे,
तर आत्म्याशी सुसंवाद साधणारे मौन आहे.
ती जीवनाचा आधार असून,
प्रगती आणि आनंद प्राप्त करण्याचा मार्ग आहे.
शांतता म्हणजे यश, प्रेमाचा संदेश,
कारण युद्ध फक्त विध्वंस घडवते,
खरे सुख शांततेतच मिळते.
निसर्गाकडे वळून पाहिले,
तर शांतता आहे सर्वत्र.
जशी, खळखळ वाहणारी नदी,
ऐकूनी गुणगान तिचे, हरखते माझे मन;
पाहता शांत चांदण्यांच्या सौंदर्याकडे,
होते समाधानी चित्त माझे.
द्वेष, राग, मत्सर विसरुनी सारे,
वळ्या सद्भावनेकडे.
पाहता भविष्याकडे, असावे जीवन समृद्ध,
जात-पात, भेदभाव, उच्च-नीच, विसरुनी सारे,
जागवूया 'वसुधैव कुटुम्बकम्' आपण!

-Alaina Patil 6C



Savya Harwandkar Grade 5

शांतता हवी जगाला

नको भांडण, नको राग,
नको कोणाचा द्वेष,
साऱ्या जगाला हवा आहे,
फक्त शांततेचा ध्यास...

नदी गाते शांत गाणी,
झाडे देतात गार सावली,
निसर्ग शिकवितो आपुलकी.
शांतता आहे जशी माऊली..

हात जोडून एकत्र येऊ,
भेदभाव सारे विसरून जाऊ,
माणुसकीच्या या जगात,
फक्त प्रेमाची गाणी गाऊ...

सुख शांतीचा पांढरा पक्षी,
उडू दे उंच आभाळात,
घेऊन हा संदेश माझा,
पसरव प्रेम साऱ्या जगात!!!

-Vaishvi Bhuvad 6B

शांतता

शाळेत जेव्हा सगळेच हसतात,
गप्पांमध्ये रंगून जातात,
गुरुजी येताच एका क्षणात,
हळूच येते शांतता मनात!

नको गोंगाट, नको तो गलबला,
मन एकाग्र करूया चला,
हात जोडून डोळे मिटूया,
मनात आपल्या शांतता आणूया!

भांडण- तंटे सोडून देऊ,
सगळे मिळून एकत्र राहू,
मैत्रीचा हा हात धरून,
जगात सुंदर शांतता पसरवू!

- Nevaan Chheda 6D

AWARDS CEREMONY

Smt. Sunitidevi Singhania School celebrated the remarkable achievements of its students in the ICSE Board Examinations for the academic year 2025-26. The event commenced with the School Song and the traditional lighting of the lamp by esteemed dignitaries, including Dean and Director Dr. Revathi Srinivasan, Principal Mrs. Lakshmi Madhusudan, Mentor Mrs. Gladys Cabral, and Senior Manager of Accounts and School Administrator Mr. Manish Narvekar. In their inspiring addresses, Dr. Srinivasan urged students to aspire to excellence while staying true to their values, and Mrs. Madhusudan lauded the collective efforts of students, parents, and teachers. The highlight of the ceremony was the felicitation of schools top achievers. Overall, the school achieved stellar results, with an outstanding **102 out of 159 students scoring above 90%**. After a heartfelt vote of thanks by the school topper Shriya Phadnis, the ceremony concluded inspiringly with the stirring notes of Vande Mataram.



INTERNATIONAL YOGA DAY

International Yoga Day is celebrated every year on **June 21** to raise awareness about the importance and benefits of practicing yoga. Yoga is an ancient physical, mental, and spiritual practice that originated in **India** thousands of years ago. The word "Yoga" is derived from the Sanskrit word *Yuj*, meaning "to unite" or "to join," symbolizing the connection between the body, mind, and spirit. International Yoga Day encourages people to adopt a healthy lifestyle and improve their physical and mental well-being through regular yoga practice. The day is marked by yoga sessions, workshops, and awareness programs conducted in schools, communities, and public spaces around the world, promoting harmony, balance, and inner peace.



A PURSUIT OF EXCELLENCE!

HONOR SOCIETY

The Honour Society of Smt. Sunitidevi Singhania School proudly recognises students who have demonstrated exceptional academic achievement and a commitment to excellence. Through their hard work, dedication, and perseverance, these students have set a remarkable standard, inspiring their peers and embodying the school's pursuit of excellence.



THE VOICES OF TOMORROW

INVESTITURE CEREMONY

Smt. Sunitidevi Singhania School had its Investiture Ceremony 2025 - 26 on July 19th 2025, symbolizing the new leaders of our school. It consisted of a traditional lamp lighting ceremony followed by an enlightening speech by the Principal Mrs. Lakshmi Madhusudan. "A leader is one who knows the way, goes the way and shows the way." This ceremony inspired our young leaders to embrace their roles, reflecting the school's dedication to fostering leadership qualities.



JANMASHTAMI

Janmashtami was celebrated with great joy and enthusiasm. The Sr. KG children came dressed as Radha and Krishna, adding a colourful and festive charm to the celebration. The highlight of the day was the traditional Dahi Handi event, where the children formed a pyramid to recreate Lord Krishna's famous feat. In the classrooms, a fun blindfold handi-breaking activity brought excitement and laughter. The children also sang beautiful bhajans, filling the atmosphere with devotion and happiness. The celebration was a wonderful blend of culture, fun, and learning, making it a memorable and enjoyable experience for everyone.



GURU PURNIMA

Guru Purnima is a special occasion dedicated to honouring our Gurus for their guidance, wisdom, and unwavering support. To celebrate this meaningful day, our Junior KG students participated in a creative hands-on activity, crafting colourful banners that reflected the importance of a Guru. Many children also brought flowers to present to their teachers as a heartfelt gesture of love and respect. Through their thoughtful actions and warm expressions of gratitude, the young learners made the celebration truly memorable. The event beautifully highlighted the bond between teachers and students, filling the day with joy, appreciation, and affection.



SCHOOL MODEL UNITED NATIONS - SISMUN

SISMUN 2025, the first-ever Intra-School Model United Nations at Smt. Sunitidevi Singhania School, was a landmark student-led initiative by learners of Standards 9 and 10. The event began with an inaugural ceremony attended by Principal Mrs. Lakshmi Madhusudan, Chief Guest Mr. Mahek Kamdar, Advocate at the Supreme Court and High Court, and External Guide and Mentor Mr. Vignesh Narayana. The conference featured two committees—UNGA, which deliberated on Global Food Insecurity, and UNSC, which discussed Preventing the Onset of World War III. Through research, debate, negotiation, and resolution drafting, students displayed exceptional leadership, teamwork, and diplomatic skills, making SISMUN 2025 a memorable celebration of global awareness and student excellence.



YOUTH PARLIAMENT '25

Smt. Sunitidevi Singhania School successfully conducted its 5th Intra Youth Parliament on the topic "**One Nation, One Election.**" The event aimed to inspire students to actively participate in democratic discussions, develop critical thinking skills, and gain a deeper understanding of contemporary national issues. Through thoughtful debates and diverse viewpoints, participants explored the significance, opportunities, and challenges associated with the proposed electoral reform, fostering awareness and civic responsibility among young minds.



RAKSHA BANDHAN CELEBRATION

Raksha Bandhan is a cherished festival that celebrates the bond of love, care, and protection between siblings. In our school, the festival is observed through special assemblies and cultural activities. Students learn about its significance and the values of mutual respect, responsibility, and affection. The celebration fills the campus with warmth, joy, and togetherness. Students participate in cultural programs and learn about the traditions associated with the festival. The celebration reminds us that the true essence of Raksha Bandhan lies in respect, support, and strong relationships.



GANESH CHATURTHI CELEBRATION

Ganesh Chaturthi is a festival that celebrates the birth of Lord Ganesha, the god of wisdom and prosperity. While it is celebrated on a grand scale across India, our school marks the occasion with prayers, decorations, and cultural activities. The celebration brings students together and helps us appreciate our rich traditions and values. The festival is celebrated with devotion, enthusiasm, and cultural programs. It creates a joyful atmosphere and teaches us the importance of unity, respect, and gratitude.



DIWALI CELEBRATION

Diwali is a festival of lights that is celebrated with great excitement in schools, bringing together students and teachers in a joyful and festive atmosphere. Schools are beautifully decorated with diyas, lanterns, rangoli designs, and colorful lights, which create a bright and cheerful environment. On this occasion, students participate in various cultural activities such as dance performances, music, skits, and storytelling that highlight the significance and traditions of Diwali. Many schools also organize art and craft competitions like diya painting, poster making, and card designing, allowing students to express their creativity. The celebration not only adds fun and excitement to the school day but also helps students understand the cultural and moral values associated with the festival, such as the victory of good over evil, kindness, and unity.



CELEBRATING MENTORS- TEACHERS DAY

Teachers' Day was celebrated with great enthusiasm and gratitude in our school. The program began with a special assembly dedicated to our respected teachers.

Students expressed their appreciation through speeches, songs, dances, and heartfelt messages. Various cultural performances added joy and excitement to the occasion. Teachers were honoured for their dedication, guidance, and invaluable contribution to shaping young minds. The celebration created a warm atmosphere of respect and admiration. It was a memorable day that strengthened the bond between teachers and students and reminded us of the important role teachers play in our lives.



Teachers' Day in India is celebrated on 5th September to honor the birth anniversary of Sarvepalli Radhakrishnan. When his students wished to celebrate his birthday, he suggested that the day be observed as Teachers' Day instead—a tradition that continues across the country today.



CHILDREN'S DAY CELEBRATION

14th November is celebrated as Children's day across India in honour of the birth anniversary of Pandit Jawaharlal Nehru, who had a deep affection for children. The day is dedicated to celebrating the childhood joy, innocence, and the spirit that children bring into our lives. It was celebrated with great enthusiasm and excitement at Smt. Sunitidevi Singhania School. The occasion brought smiles and cherished moments through interactive games and recreational activities, with teachers. The day reminds us the importance of providing children with safe, joyful and supportive environment where they can learn, grow and build a bright future.



Did you know?

India originally observed Children's Day on **20th November**, which is celebrated worldwide as Universal Children's Day. It was later shifted to **14th November** in memory of Pandit Jawaharlal Nehru, who was deeply loved by children, and fondly called "**Chacha Nehru**".

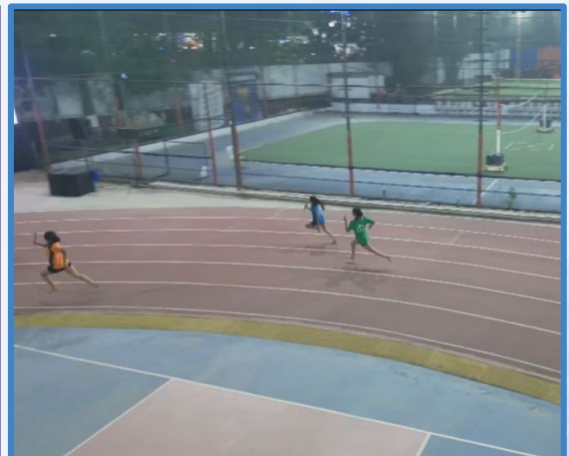
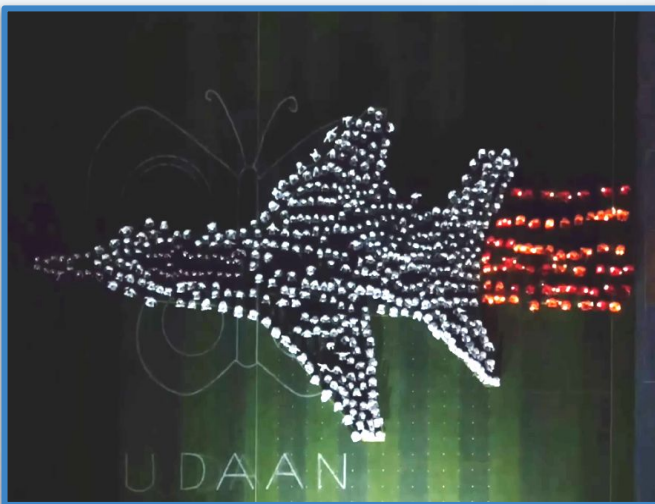
STREET PLAY COMPETITION

The Street Play presented by students was both engaging and thought-provoking. Through powerful acting and meaningful dialogues, the performers raised awareness about important environmental issues. The play effectively conveyed its message and captivated the audience. Students displayed excellent creativity, confidence, and teamwork. The performance received appreciation from teachers and spectators alike. It served as a platform for learning and social responsibility.



STRENGTH, STAMINA AND SUCCESS : SPORTS DAY '25

Sports Day was celebrated with great enthusiasm and team spirit. The topic was 'UDAAN' which gave a symbolic representation on the significance. Students actively participated in various track and field events, showcasing their talent, discipline, and determination. The event encouraged healthy competition and sportsmanship among participants. Cheerful performances and energetic support from classmates added to the excitement. Winners were felicitated with medals and certificates. The day highlighted the importance of fitness, teamwork, and perseverance.



ARTISTRY UNLEASHED - ART EXHIBITION

On December 20, 2025, Smt. Sunitidevi Singhania School proudly organized an art exhibition showcasing the creative works of Std. 10 students. The exhibition was inaugurated by the respected Principal, Mrs. Lakshmi Madhusudan. The students displayed an impressive collection of artworks, including still-life drawings, original compositions, mixed media works, and canvas paintings. The event provided a wonderful platform for students to express their artistic talents and creativity. Parents, students, and teachers visited the exhibition and greatly appreciated the dedication and effort of the young artists. Overall, the exhibition was a memorable event that showcased the remarkable talent and hard work of the students.



INTER-HOUSE CAROL SINGING COMPETITION AND CHRISTMAS CELEBRATION

Christmas is not merely a season or a date, but a spirit of joy and goodwill. Celebrated on 25 December, it commemorates the birth of Jesus Christ, regarded in Christianity as the Son of God. The term "Christmas" combines "Christ" and "Mass," referring to the sacred celebration of Christ. In schools and communities, the occasion is marked with festive decorations, cultural programmes, and carol singing, where students come together to express joy through music and harmony. The celebrations foster unity, warmth, and a sense of shared happiness.



SCOUT AND GUIDE CAMP

The Scout and Guide camp at Smt. Sunitidevi Singhania School marked a special occasion for students of Grade 5-7. The camp offered various activities that developed teamwork, discipline and leadership skills. A highlight of the event was the scarf wearing ceremony where Grade 5 students were formally inducted into the Scout and Guide movement. The camp concluded with a march past and flag-hoisting ceremony attended by distinguished guests.



LAMP LIGHTING CEREMONY

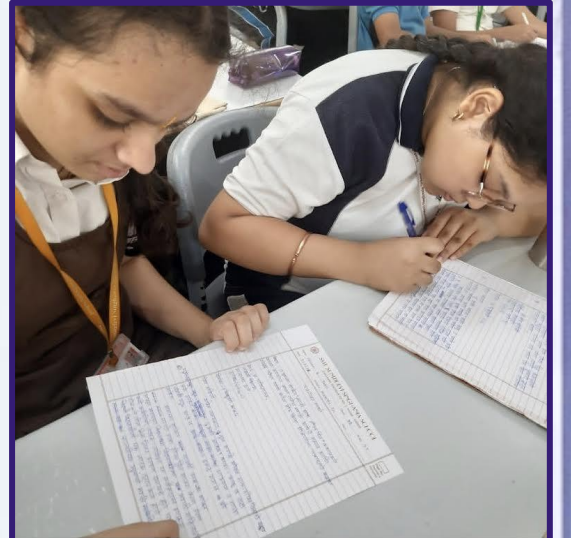
The lamp-lighting ceremony for Class X was held on 2nd February 2026, invoking blessings and setting a reflective and purposeful tone as they prepare for their upcoming board examinations. The teachers lit the lamps held by the students, representing the passing on of wisdom, encouragement and goodwill. An inspiring message by Dr Revathi Srinivasan, Dean and Director of Singhania Group of Schools, urged and inspired students to face their examinations with confidence, discipline and positivity. This ceremony illuminated and uplifted the hearts of the students, leaving a deep impact on them.



मराठी भाषा गौरव दिवस

Marathi Diwas, celebrated annually on February 27, is a tribute to the rich linguistic, literary, and cultural heritage of the Marathi language. Observed on the birth anniversary of the eminent poet and playwright Kusumagraj (Vishnu Vaman Shirwadkar), the day serves as a reminder of the vital role Marathi plays in shaping the identity, traditions, and values of Maharashtra.

The celebration highlights the beauty and depth of Marathi literature while encouraging younger generations to appreciate, preserve, and promote their mother tongue. Marathi Diwas is not only an occasion to honour a language but also to celebrate the vibrant culture, history, and legacy it represents.



TOPOGRAPHY MAP SHOWCASE

The school organized an impressive Topography Exhibition for the students showcasing their understanding and talent in the subject of Geography. The exhibition was thoughtfully arranged to provide an immersive learning experience about topographical features and maps. One of the highlights was an entire floor dedicated to a meticulously painted topography map. This large-scale representation depicted various geographical elements. Every detail was carefully curated to give students a realistic view of typical topographical map, emphasizing the importance of symbols, conventional signs and contour lines in understanding terrain variations.



EDUCATORS' INSIGHT

शांति का आलम

शांति का आलम,
जगाए और भगाए।
कई शब्दों के माध्यम से,
आए और जाए।

शांति और चिंता,
सिक्के के हैं दो पहलू।
एक से मिलता आधार,
दूसरे से मिलता सवाल।

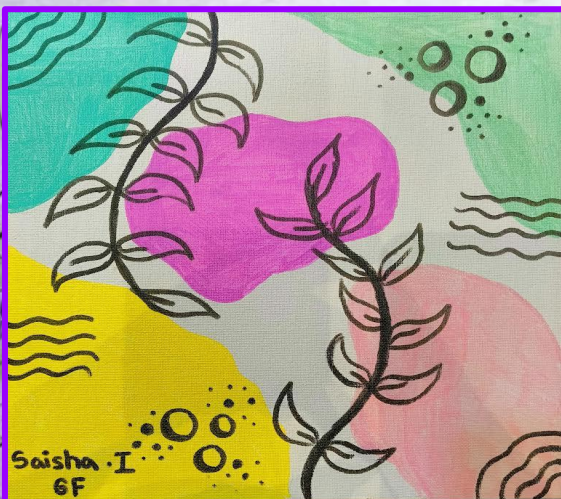
दो देशों और दो घरों,
के बीच की शांति।
दो राज्यों और नेताओं,
के बीच की शांति।

जीवन में घटती,
कई समस्याएँ।
आते कई उतार-चढ़ाव,
राहत के अनुभूति की शांति।

शांति और अमन,
करते हैं सबको नमन।
दोनों की खासियत है बड़ी,
इससे जज़्बातें कई लोगों की जुड़ी।

शांति का आलम,
जगाए और सताए।
कई रूपों में यह,
आए और जाए।

-कविता संतोष दुबे



Saisha Inamdar 6F

Pearl to my Peepers

She is a pearl to my peepers;
Rolls down like sugar;
Shines like silver;
Oh! Damn, she is here.

No reason for her flow;
Brings in sorrow but my peepers glow;
Tranquility of thoughts makes her show;
Oh! Damn, emotions she throws.

At times she is calmness;
Sometimes reveals sadness;
Don't know if that is her kindness;
Oh! Damn, this is such a madness.

She says it's not me ; it's the people around you
who kill;
They sink your heart and I am the one who let it
spill;
Do not blame me for all that thrill;
Oh! Damn, I am not pain ; I am your pill.

I am sure you are still busy guessing me;
Don't do so because I am the pearl; I will quickly
flee;
Let me be your companion in serenity and sorrow I
plea ;
Oh! Damn, you are my soulmate and I am your soul
key.

Placidity , quietness and peace of mind I give at
times;
The pearls that drop in alleviate repose like lime in
quick lime.

Come on let's get along forever;
I will be your best buddy- so clever, affectionate
with you all over.
Keep me close to your heart and I will be the best
partner near;
Oh! Damn, the pearl peepers are the rolling tears.

-Lalitha Khadke

EDUCATORS' INSIGHT

Serenity Through Sports

When people think of serenity, they often imagine silence and stillness. However, as a Physical Education teacher and coach, I have found that serenity can also be discovered through movement.

Sports teach us to focus on the present moment. Whether running on a track, playing a game, or learning a new skill, athletes learn to let go of distractions and give their full attention to the task at hand. This creates a sense of calm, confidence, and inner balance.

Sports also help develop resilience, discipline, and emotional strength. They teach us how to handle both success and failure with grace, reminding us that growth comes through consistent effort.

For children especially, physical activity is more than exercise—it is a source of joy, self-expression, and confidence. Through sports, they learn not only how to move better but also how to become happier, healthier, and more balanced individuals.

In a fast-paced world, sports offer a unique form of serenity: a calm mind, a strong body, and the confidence to face life's challenges.

- **Pranav Raje - Physical Education Teacher & Athletics Coach**

Dilemma of Life!

I want everything in life;
I want to be a woman and be a man.
I want friends and I prefer loneliness;
I want a car and a bicycle too.
I want to be a teacher and still prefer
being a student;
I want to fly and be like an Ant.
I want to be like the Sun and shine like a
moon in twilight;
I want to be selfish and yet be altruistic.
I want to cry and still keep on laughing;
I want to work and be at rest.
I want to fight and be still in search of
peace;
I want to travel and be in the same place
forever.
I want to be a child though being elder;
But you see it is difficult to get all I want;
I want to reinvent myself, you see.

- **Mansi Jani**

Where Geography Breathes Serenity!

The stillness of McLeod Ganj, where
Himalayan peaks softly gleam,
We discover a deep serenity in each
landscape's dream.
From the Aravalli hills, timeless and bold,
To the Thar's golden expanse, warm and
old.
In rivers that wander, and valleys that bloom,
We feel serenity in India's geography, a
radiant room.
Blessed by these contours, by each river
and tree,
We walk in quiet wonder, in India's vast
harmony.

- **Tulika Shrivastav**

EDUCATORS' INSIGHT

Serenity: The Silent Strength Within

In a world that applauds speed, celebrates noise, and constantly demands more, serenity often remains an unnoticed virtue quiet, gentle, and deeply powerful. It is not merely the absence of chaos around us; it is the presence of harmony within us.

As educators, we often witness young minds chasing achievements, competing with time, and carrying the invisible weight of expectations. While ambition and perseverance are essential companions on the journey of life, the ability to pause, breathe, reflect, and remain composed is what truly shapes a balanced individual. A serene mind is not a mind untouched by storms; it is a mind that has learned to dance gracefully in the rain.

Serenity is found in the simplest moments the first rays of sunlight filtering through a classroom window, the innocent laughter of children echoing through the corridors, the silent concentration of a student engrossed in a book, or the heartfelt gratitude exchanged in an ordinary day. These moments remind us that happiness does not always arrive with grand celebrations; often, it whispers softly through the ordinary.

In the classroom, serenity is a lesson that cannot be taught through textbooks alone. It is nurtured through patience, kindness, empathy, and the ability to listen. A teacher who carries serenity in their thoughts plants the same seeds in the hearts of their students. When children learn to value stillness amidst distractions and compassion amidst competition, they acquire a treasure that no examination can measure.

The greatest minds in history have often sought moments of silence, for it is in silence that creativity is born, wisdom is cultivated, and the soul finds its voice. In our endless pursuit of success, may we never forget the beauty of inner peace the art of being present in the moment and appreciating life as it unfolds.

Serenity is not a destination waiting at the end of our journey; it is the manner in which we choose to walk the path itself. In embracing serenity, we do not escape the challenges of life; we gain the strength, clarity, and grace to overcome them.

Let us, therefore, strive to build not only intelligent minds but also peaceful hearts, for the true measure of education lies not just in what we know, but in the calmness, kindness, and wisdom with which we choose to live.

- Mehar Jolly

Serenity

Serenity under moonlight
Night so young and bright, Beneath
the shining moonlight, Filled with
quiet delight,
Where every leaf reflects stolen
light.

I breathe it in and slow my pace, As
silver shadows brush my face,
And all the noise inside my head
Becomes a quiet peace instead. I
watch the stars and stand so still,
Letting midnight calm the chill, Just
listening as the world breathes low,
With nowhere else I need to go.

- Preeti Mishra

मृदगंधातील शांतता

पावशाने दिला इशारा डोंगर दर्यांत,
पाऊस आला वाजत गाजत ढोल, ताशांत
मातीच्या कुशीतला गंध चहुकडे पसरला,
झाडांच्या पानावर पाऊस बेधुंद बरसला
टपटप टपटप, रिमझिम रिमझिम
पाऊस झुलतो वाऱ्यावर,
सरींचे बुडबुडे पाण्यावर
पावसात सृष्टी न्हाऊन निघाली,
रंगीबेरंगी रत्नांची रानफुले उमलली
टपटप टपटप, रिमझिम रिमझिम
थुईथुई मोर नाचतो हिरव्या वनात,
गवतफुले डोलतात माळरानात
वेलीवर मोत्यांनी गुंफल्या माळा,
घरट्यात भरली पक्षांची शाळा
टपटप टपटप, रिमझिम रिमझिम
धो धो पाणी पडते उंच डोंगरावरून,
उड्या घेत ओढा वाहतो दुथडी भरून
हिरव्या हिरव्या गालिच्यावर ढगांचे धुके,
शेतात बहरली जोमाने पिके
टपटप टपटप, रिमझिम रिमझिम
सप्तरंगी मुकुट निळ्या आभाळाला,
ऊन पावसाच्या खेळात श्रावणराजा आला
सणासुदीची अगीनगाडी आली दारात,
सोबतीला पावसाच्या सरींची वरात
टपटप टपटप, रिमझिम रिमझिम
सृष्टीचा नजारा घालतो मनाला भुरळ,
चैतन्यातून नाहीशी झाकोळलेली मळभ
तणावात माणूस शोधतो कणभर विश्रांती,
निसर्गाच्या सान्निध्यात मिळते अथांग शांती
टपटप टपटप, रिमझिम रिमझिम

- Preeti Khapre

EDUCATORS' INSIGHT

Hope Perched on the Window of My Classroom

My favourite Emily Dickinson poem is one of the many she left unnamed.

"Hope" is the thing with feathers -

That perches in the soul -

And sings the tune without the words -

And never stops - at all.

Last week, I found myself talking to my children about the importance of taking action when they see something wrong happening. "Speak up," I'd said, "Your voice has power."

A child was quick to note: "Do rich people and poor people have the same amount of power?"

As blindsided as I was by this question, I told him that they don't. However, to say that we have no power if we are not rich would be to deny the several subaltern and marginalised voices that have spoken up in history. "We have to hope that our voices are heard. That is the only way forward."

That word- hope. It stayed with me. It rang in my ears like a snare drum. Hope.

It's scary to be hopeful in times like these. What hope can I give a child who dies of starvation in a war-torn country? What hope do I give a mother who doesn't receive her ration? How can I talk of hope when the world seems to be collapsing into itself?

And yet, I find myself instilling hope into my children. The hope that one day the world will dissolve and build itself to value nature. The hope that one day, the leaders of the world will strive to prevent war. The hope that all the children of this world would have safe homes and quiet, sumptuous dinners.

Children are the future. They run with the baton of values we pass to them. That's how generations have worked for aeons. What would I be if I raised them to be hopeless and apathetic? I know I wouldn't be here if it weren't for my teachers, who showed me a future that is hopeful, kind and serene

It is a mammoth responsibility to be able to make the world look serene when it seems like every day we scramble to put it back together. However, it's almost easier to be cynical of it. I view the world as a kintsugi bowl. A broken bowl stuck together with shimmering golden glue- for every time it has fallen apart, we have built it back up.

Being hopeful is not being delusional; it is wanting things to change and working for it. The point of education has always been to raise vigilant, kind and hopeful citizens, and hoping for peace is the least we can do.

- Ira Dandekar

Finding Serenity in the Simple Things

In a world that races against time, where notifications compete for attention and schedules dictate our days, I have discovered an unexpected sanctuary—one built not of grand adventures, but of simple habits.

Every morning begins with a quiet ritual. A cup of tea in hand, I scroll through Twitter, not in search of noise, but in pursuit of knowledge. Following thoughtful and well-known handles has become my daily window to the world. From insightful articles to meaningful conversations, each post offers a chance to learn something new.

Among these habits, one has become particularly special—sharing weather updates on my status. What started as a small gesture gradually transformed into a way of creating awareness. A gentle reminder about rain, rising temperatures, or pleasant breezes often sparks conversations and encourages others to pay attention to the environment around them. It is my tiny contribution to nurturing mindfulness in an increasingly distracted world.

Yet, as enriching as the digital world can be, my truest moments of peace are found elsewhere.

Beyond the screen lies a window. A simple frame separating the indoors from the wonders outside. There, perched quietly, birds gather around the feeder. Some arrive cautiously, some boldly, while others flutter about in cheerful excitement. Their melodies replace the endless hum of the digital world.

I watch them feed, chirp, and soar into the open sky. In those moments, time slows down. The worries of tomorrow lose their urgency. The mind becomes still.

The screen teaches me. The window heals me.

One offers information; the other offers inspiration.

There is something profoundly beautiful about observing nature without expectation. No deadlines, no targets, no applause. Just the quiet rhythm of life unfolding before my eyes. The rustle of leaves, the flutter of wings, and the gentle dance of sunlight create a symphony that no technology can replicate.

That is where I find my peace.

That is where I find my serenity.

Sometimes it arrives through a thoughtful post on a screen, but most often it comes from gazing out of the window, watching birds visit their little feeder, reminding me that happiness does not always require a destination.

Sometimes, heavenly pleasure is simply found in pausing long enough to notice the world outside your window.

- Harshada Magesh

PURSuing EXCELLENCE TOGETHER: STAFF PHOTOGRAPH 2025-26



“THE DREAM BEGINS WITH A TEACHER WHO BELIEVES IN YOU, WHO TUGS AND PUSHES AND LEADS YOU TO THE NEXT PLATEAU, SOMETIMES POKING YOU WITH A SHARP STICK CALLED ‘TRUTH’.”

- DAN RATHER

ELEVATING ASPIRATIONS

When excellence becomes a legacy, achievement shines brighter than ever. The Grade X Batch of 2025–26 has once again made the school proud with a remarkable 100% result in the ICSE Board Examinations. Among the 159 students who appeared, 157 secured distinctions, 21 students featured among the school's Top 10 ranks, and several achieved perfect scores of 100 in multiple subjects. With an outstanding school average of 91%, this batch stands as a true reflection of dedication, perseverance, and academic brilliance.



**Smt. Sunitidevi Singhania School,
Thane**

ICSE BOARD EXAMINATION 2026

Congratulations

Rank 1
SHRIYA PHADNIS
99.20%

Rank 2
PARTHAVI PANDIT
99.00%

Rank 3
OJAS PATIL
98.80

ACHIEVEMENT LIST

Our students have achieved outstanding success in academics, sports, arts, and co-curricular activities at inter-school, district, and state levels. Their dedication and hard work reflect the school's commitment to excellence. We congratulate all achievers and wish them continued success.



Kiaan Khatri 8E- Gold in Zonal level, Gold in District, SGFI level Volleyball Awarded Best Attacker and Best All-Rounder Player in the A.R. Sports Volleyball Tournament



Bhargavi Thakare - Three Golds in Zonal level, Two Silvers in Regional level, Silver in AISM, Silver and Bronze in District level, SGFI level in Athletics



Anvi More Grade 9 - Runner-up Trophy at the Yonex Sunrise Open Badminton Tournament 2025 (State Level)



Ms. Lakshita Patil completed the 1 KM sea swim at the 'Goa Sea Pride 2026' with an impressive 16th rank - Invitational National Open Water Sea Swimming Championship



Shivansh Joshi - Grade 6
Gold in Kata and Gold in
Kumite at the WFSKO



Arnav Iyer - Grade 7
Silver Medal - Dr Homi Bhabha
Balvaidnyanik Competition



Rhea Bamji - Std. 7 Gold
Medal in the Divisional
Karate Competition!



Ms. Vihaana Shweta
Second Prize - National Level
Chinmaya Mission Bhagavad Geeta
Chanting Competition



Kiyaan Deshpande - Grade 3 for
winning 7 Gold medals in Artistic
Gymnastic at district level.



**A. R. Sports Volleyball
Tournament 2025-26**

Our team secured 3rd
place and won the
Bronze Medal in the A.
R. Sports Boys' Volleyball
Tournament 2025-26

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